



TRIATHLON

HFFA Kids Triathlon

Date: Saturday April 25, 2020
 Start Time: 5:00pm
 Online Registration: Jones Racing Company
 Registration Fee: \$25 online; \$30 race day
 Entry Fee Includes: T-shirt, discounts to local establishments, post-race refreshments and food

Course Descriptions

Ages 4-6: 25yd swim/0.3 mile bike/100 yd run
Ages 7-8: 50yd swim/1 mile bike/0.5 mile run
Ages 9-10: 75yd swim/1 mile bike/0.75 mile run
Ages 11-12: 100yd swim/2 mile bike/1 mile run
Ages 13-14: 200yd swim/2 mile bike/1.5 mile run

Awards: Top 3 Finishers
 Male and Female in all age groups

Huntersville Sprint Triathlon

Date: Sunday April 26, 2020
 Start Time: 8:00am
 Online Registration: Jones Racing Company
 Registration Fee: Register by Feb 15, 2020
 \$55 individual/\$85 relay
 Entry Fee Includes: T-shirt, discounts to local establishments, post-race refreshments and food

Course Description

Swim: 400yd pool swim
Bike: 20K one loop, moderately hilly
Run: 5K out and back on roads

Awards: Top 3 Finishers
 Male and Female in all categories

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Atrium Health



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