



Swim School

704-766-1520 ext. 3109

www.swimmaccarolina.org

Winter 2010 Saturday Schedule

Annual Registration Fee: \$20.00 (includes SwimMAC t-shirt and swim cap)

(Payment in FULL for each session must be received BEFORE a student can start a class)

Dates	Cost: HFFA Member Non-Member	Registration Begins
Winter I: 1/02/10-2/13/10* * {OFF: 1/30/10- State Swim Meet}	\$80.00 \$90.00 {6 Lessons 30 minutes long}	10/31/09 current 11/09/09 new

Junior Levels: ages 3-5
years

Saturday classes

9:40-10:10 AM
11:00-11:30 AM

Senior Levels: ages 6-12 years

Saturday class

10:20-10:50 AM

Mini-MAC: ages 8 – 36 months

Mini-Mac

9:00-9:30 AM

Parent and Child Class

Both parent and child will be in the water together.

Olympic Strokes: graduates of
level 6

10:20-10:50 AM

Junior Skill Levels:

Junior Level 1

Bubbles and Bobs

Junior Level 2

Floating, Kicking, Big Arms

Junior Level 3

Side Glide, Intro to Backstroke

Junior Level 4

Advanced Free

Junior Level 5

Advanced Back

Senior Skill Levels:

Senior Level 1

Bubbles, Bobs, Torpedo

Senior Level 2

Floats, Kicking, Side Glide

Senior Level 3

Freestyle and Backstroke

Senior Level 4

Advanced Freestyle

Senior Level 5

Advanced Backstroke

Senior Level 6

Breaststroke and Butterfly