



# Swim School

704-766-1520 ext. 3109

[www.swimmaccarolina.org](http://www.swimmaccarolina.org)

## Winter 2010 Saturday Schedule

Annual Registration Fee: \$20.00 (includes SwimMAC t-shirt and swim cap)

\*(Payment in FULL for each session must be received BEFORE a student can start a class)\*

### Dates

Winter I: 1/02/10-2/13/10\*

\* {OFF: 1/30/10- State Swim Meet}

### Cost: HFFA Member | Non-Member

\$80.00

\$90.00

### Registration Begins

10/31/09 current | 11/09/09 new

{6 Lessons 30 minutes long}

**Junior Levels:** ages 3-5  
years

#### Saturday classes

9:40-10:10 AM  
11:00-11:30 AM

**Senior Levels:** ages 6-12 years

#### Saturday class

10:20-10:50 AM

**Mini-MAC:** ages 8 – 36 months

#### **Mini-Mac**

9:00-9:30 AM

#### **\*Parent and Child Class\***

Both parent and child will be in the water together.

**Olympic Strokes:** graduates of  
level 6

10:20-10:50 AM

#### Junior Skill Levels:

##### **Junior Level 1**

Bubbles and Bobs

##### **Junior Level 2**

Floating, Kicking, Big Arms

##### **Junior Level 3**

Side Glide, Intro to Backstroke

##### **Junior Level 4**

Advanced Free

##### **Junior Level 5**

Advanced Back

#### Senior Skill Levels:

##### **Senior Level 1**

Bubbles, Bobs, Torpedo

##### **Senior Level 2**

Floats, Kicking, Side Glide

##### **Senior Level 3**

Freestyle and Backstroke

##### **Senior Level 4**

Advanced Freestyle

##### **Senior Level 5**

Advanced Backstroke

##### **Senior Level 6**

Breaststroke and Butterfly