

2011
THE CAROLINA
BIG
DIVE
AAU INVITATIONAL



Huntersville Family
Fitness & Aquatics

JUNE 2-5

FACILITY

SCHEDULE

EVENTS

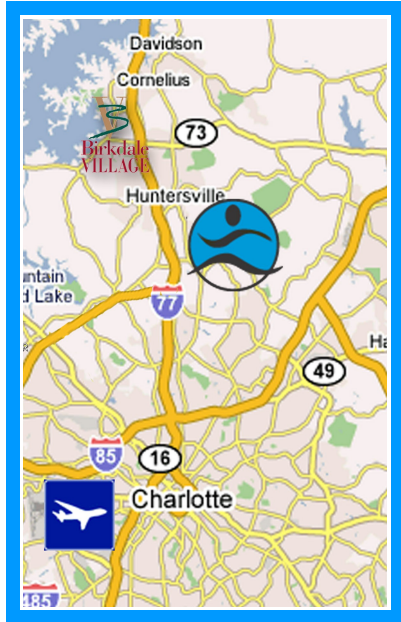
PRACTICE

AWARDS

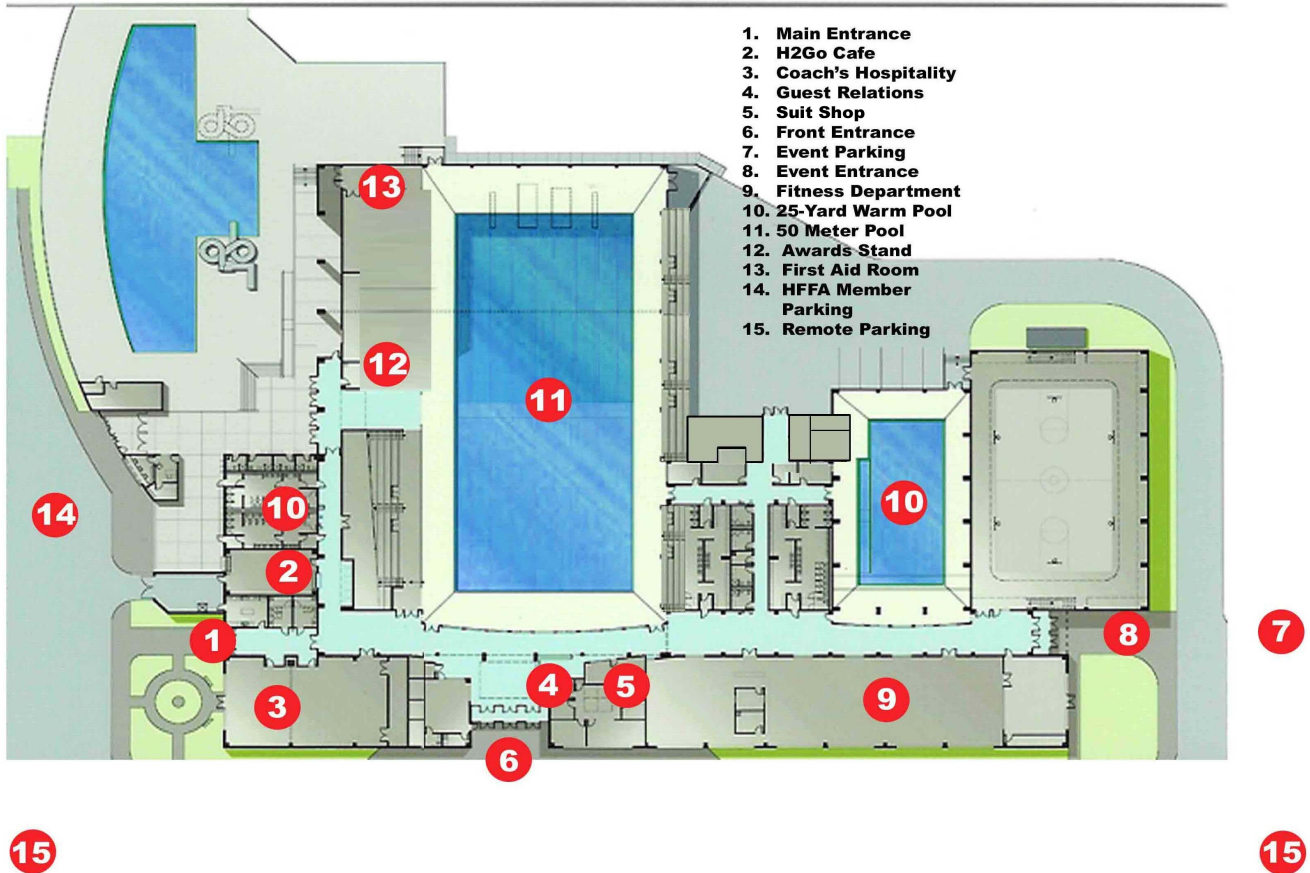
HOTEL INFORMATION

FACILITY:

Huntersville Family Fitness & Aquatics



**11725 Verhoeff Dr.
Huntersville, NC 28070**



SCHEDULE:

WEDNESDAY, JUNE 1

3:00 – 7:30 practice

THURSDAY, JUNE 2

1:00 – 6:00 practice

6:00 – 7:00 Synchro diving

7:00 – 8:00 rip/SMACK!

FRIDAY, JUNE 3

1:30 – 4:45 practice

2:00 – 2:30 Coaches meeting

5:00 – 7:30 E, D, C, B, A, Open Platform

SATURDAY, JUNE 4

7:00 - 8:45 warm-up

9:00 – Group E Boys 1m/ Girls 3m
Group D Boys 1m/ Girls 3m
Group C Boys 1m/ Girls 3m
Group B Boys 1m/ Girls 3m
Group A Boys 1m/ Girls 3m
Open Men 1m/ Women 3m

Pool is open for practice until 6:00 pm

SUNDAY, JUNE 5

7:00 – 8:45 warm-up

9:00 – Group D Boys 3m/ Girls 1m
Group D Boys 3m/ Girls 1m
Group C Boys 3m/ Girls 1m
Group B Boys 3m/ Girls 1m
Group A Boys 3m/ Girls 1m
Open Men 3m/ Women 1m



EVENTS:



rip/SMACK!

Any meet can have a rip contest, but at the BIG DIVE we have the rip/SMACK!! Participating divers enter the biggest dive they think they can rip and the biggest dive they are willing to smack and are judged, not on the dive but how well they ripped or smacked. Degree of Difficulty counts, so go BIG!

Synchro

New this year, we will include a synchro event where teams must compete two dives on each level (1m, 3m and platform) and cover all directions (including armstand – platform only). Teams may be any age, either gender or both. Registration will be taken on deck before the event.

FINA groups

All FINA events will be run in accordance with AAU rules

the BIG DIVE

Every diver in the meet is automatically entered into our BIG DIVE contest! The winner is the individual with the highest scoring dive in each FINA age-group, performed on any level.

PRACTICE



WEDNESDAY, JUNE 1

3:00 – 7:30 practice

THURSDAY, JUNE 2

1:00 – 6:00 practice

FRIDAY, JUNE 3

1:30 – 4:45 practice

SATURDAY, JUNE 4

7:00 - 8:45 warm-up

At the conclusion of events until 6 pm

SUNDAY, JUNE 5

7:00 – 8:45 warm-up

All practice times will be non-flighted and open to all teams. At the BIG DIVE we encourage collaboration among the teams and coaches.

With so many teams using the pool at once, we also encourage a sense of responsibility and citizenship. Pick-up after yourself, pick-up after others and try to leave each area a little better than when you found it.

Please restrict your locker room use to those on the west side of the building (1m side).

In the event the meet numbers merit, we will flight the Saturday and Sunday morning warm-ups. This will be decided at the Friday afternoon coaches meeting.

AWARDS



We pride ourselves on our awards at the BIG DIVE.

Rip/SMACK!

- The winner of each age group (13-Under, 14 – Above), of each gender will receive a rip/SMACK! Champ T-shirt.

FINA events and novice/ intermediate

- The winner of each FINA age-group event receives a pair of BIG DIVE shorts.
- The top-three participants in each FINA age-group event receive AAU medals and the top 12 in each event receive ribbons.

BIG DIVE

- Each BIG DIVE winner will receive a BIG DIVE zipper hoodie with a distinctive BIG DIVE design.

MEET HOTEL:

Comfort Suites Lake Norman



2 miles from facility

1-bedroom suites: 80.00
(must reserve before 5/22/11)

- Free continental breakfast
- Free wireless high-speed Internet access
- Free weekday newspaper
- Free local calls
- Free coffee in the lobby
- Manager's reception

14510 Boulder Park Drive
Huntersville, NC, US, 28078

Phone: (704) 875-6220

Fax: (704) 875-6221

Reference **Huntersville Aquatics**